

# Pre-Arrival

EXPERIENCE THE BENEFITS OF A HEAVENLY SPA BY WESTIN™

## SPA HELANI

A Heavenly Spa by Westin™ provides authentic and memorable experiences inspired by our island home. We believe that much of the value of the spa experience comes not only from the facilities, treatments and products, but from having the time and space for silence, separation from technology and personal reflection and contemplation. Throughout the spa experience, we strive to engage each guest across seven senses: the five physical senses of sight, sound, touch, taste and scent, as well as the psychological senses of emotion and meaning.

## COMFORT & SAFETY

Your comfort is important to us, so please ensure that we are made aware of any preferences, including the gender of your therapist. We will do our best to fulfill your requests. All of our licensed therapists are professionally trained to provide you with a safe, calm and peaceful experience. Please advise if you are pregnant or have other significant health concerns when booking any treatments. For optimal serenity, all treatment rooms are located on the second level of Spa Helani, reached by a short staircase. Guests who are unable to make this climb may request elevator access. Please be prompt in your arrival as all appointments will end on time and be charged in full, regardless of late arrival.

## SPA FACILITIES

We encourage you to arrive 30 minutes prior to your scheduled appointment time to enjoy our steam room, rain showers and relaxation lounge. A locker, plush robe and slippers will be provided at the time of your arrival. We respectfully ask that you leave cellphones turned off to ensure the tranquility of our spa environment for all guests. Additionally, please deposit all valuables in your room safe, as we are not responsible for lost or misplaced items.

## CANCELLATION POLICY

Please notify Spa Helani 24 hours prior to your scheduled appointment should you need to change or cancel your reservation to avoid being charged for scheduled services. Group bookings require a seven-day advance notice for cancellations or changes.

## SERVICE CHARGE

For your convenience, a 20% service charge will be added to the cost of your services. This provides a 16% gratuity for your technician and 1% gratuity for the support staff. This service charge is adjustable based on your satisfaction with services received and additional gratuities for your provider may be left at your discretion.

## AGE LIMITATIONS

Nail services are available for Guests ages 4 and older. Guests ages 12 to 17 are welcome to enjoy full services when accompanied by a parent or guardian.

# Additional Services

## FRESH FITNESS CLASSES

Energize your body with our fresh fitness classes à la carte or unlimited for five consecutive days. Our fitness class schedule with current pricing is available online, at the Spa or at any Concierge Desk. Passes must be purchased at Spa Helani prior to attendance.

## OUTDOOR OCEANVIEW SPA CABANAS

This stunning location for a relaxing massage is elevated with sweet tropical breezes and the sound of ocean waves lapping in the distance. Our cabana massages are available for individual or couples massage; swimsuits are required.

## SEASONAL SPECIALS

Ask about our seasonal offerings highlighting the newest spa products and services at a promotional price. Restrictions apply; inquire at Spa Helani.

## CONNECT WITH US

**facebook:** [www.facebook.com/westinkaanapali](http://www.facebook.com/westinkaanapali)

**Twitter:** @westinkaanapali

#SpaHelani

**Instagram:** @westinkaanapali

**Find us on TripAdvisor®**

at The Westin Kāʻanapali Ocean Resort Villas



## THE WESTIN KĀʻANAPALI OCEAN RESORT VILLAS

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Lāhainā, Hawaiʻi 96761

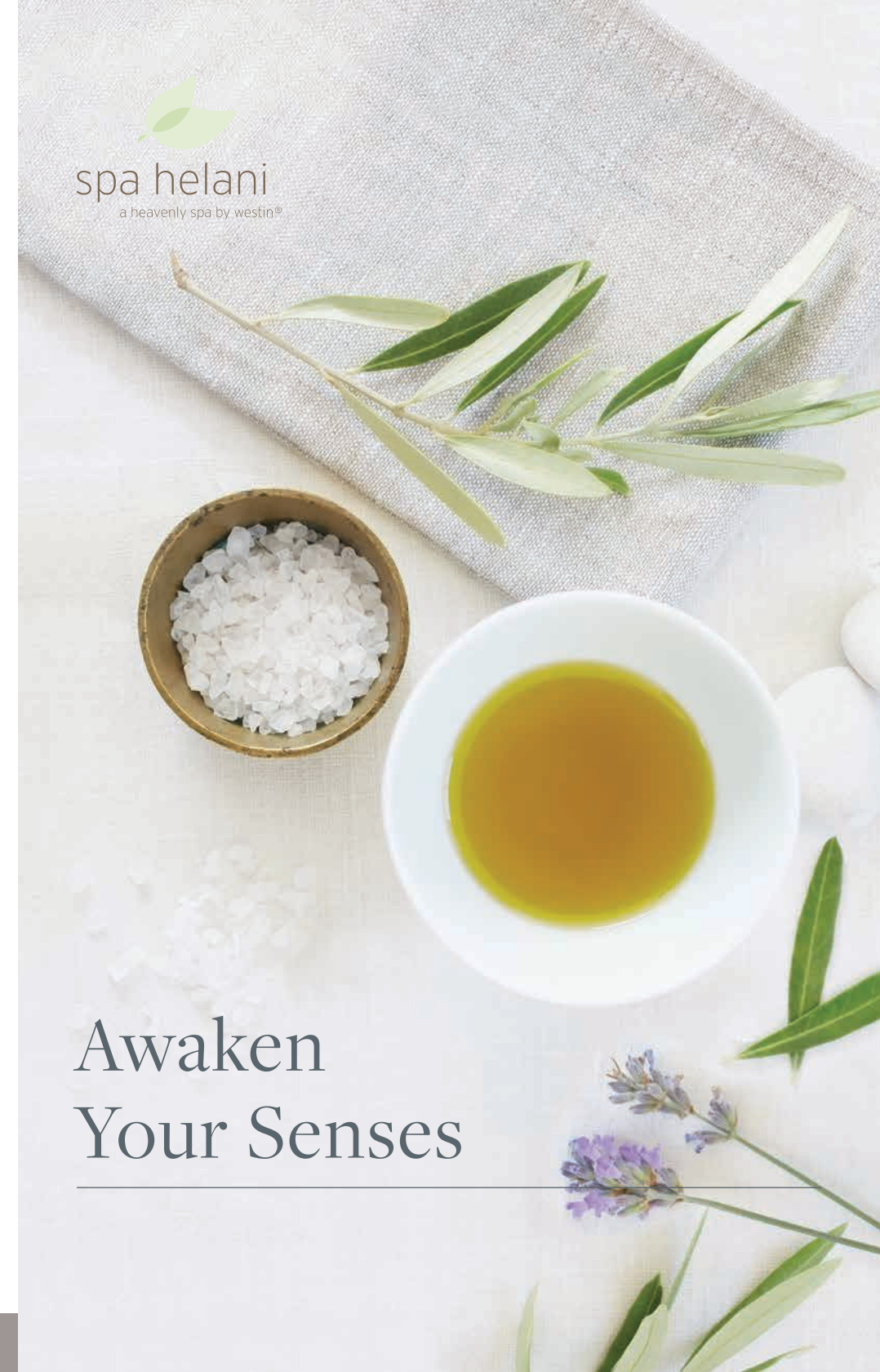
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# Awaken Your Senses



PERFORMED AT SPA HELANI OR IN OCEANVIEW CABANAS. IN-VILLA MASSAGE SERVICES AVAILABLE FOR AN ADDITIONAL \$50. PRICES APPLY TO MASSAGE, FACE AND BODY: 25 MINUTES \$85, 50 MINUTES \$150 OR 80 MINUTES \$225. ALL PRICES ARE PER PERSON UNLESS OTHERWISE NOTED.

# Massage

### HEAVENLY SPA SIGNATURE MASSAGE

A heated compress invites back muscles to relax and ease before a Swedish massage.

25 / 50 / 80 MINUTES

### THERAPEUTIC MASSAGE

Firm pressure, trigger point, myofacial and cross-fiber friction techniques are used to penetrate deep layers of muscle fibers.

25 / 50 / 80 MINUTES

### HAWAIIAN LOMI LOMI MASSAGE

Inspired by traditional Polynesian dance and rhythmic Pacific waves, this medium-pressure massage incorporates techniques passed down from ancient healers.

25 / 50 / 80 MINUTES

### TAHITIAN MAHANA MASSAGE

Featuring oils made from Tahitian gardenias, this deeply relaxing massage utilizes light to medium pressure and heated sand pouches to penetrate the muscles deep down.

50 / 80 MINUTES

# Face

### CUSTOMIZED ORGANIC FACIAL

Firm, clear or calm skin with organic medicinal herbs, plants and fruit pulps. The extended version includes NuFace lifting technology and an Arctic Berry Peel.

25 / 50 / 80 MINUTES

### SKINCEUTICALS REVITALIZING FACIAL

This powerful anti-aging facial combines vitamin C, botanicals and peptides to lift and revitalize. The extended version includes NuFace lifting technology and Gel Peel.

25 / 50 / 80 MINUTES

### HĀPAI (PREGNANCY) MASSAGE

Carefully designed for women who have completed their first trimester, this combines comfort pillows with a light- to medium-pressure technique. Notes of Himalayan geranium, lavender and mandarin essential oils reduce tension and restore the mind.

50 MINUTES

### PA`A MALE (COUPLES) MASSAGE

Enjoy any of our massages side-by-side in the comfort of an in-spa couples room.

25 / 50 / 80 MINUTES

### HEATED LAVA SHELL MASSAGE ENHANCEMENT \$25

Add warmth to your massage with Natural Lava Shells® that are heated from within using minerals, dried sea kelp and algae.

### INVIGORATING SCALP TREATMENT MASSAGE ENHANCEMENT \$15

This conditioning treatment features a locally made essential oil blend applied to the hair and scalp.

### NO-TIME-ADDED FACIAL ENHANCEMENTS: \$20 EACH OR 2 FOR \$30

Arctic Berry Peel

— Deep exfoliation

Skinceuticals Gel Peel

— Minimize lines and brighten

Lifting Eye Treatment

— Reduce puffiness and dark circles

Soothing Lip Treatment

— Hydrate and plump

Anti-Aging Neck/Décolleté

— Lift and firm

# Body

### CUSTOM EXPRESS FACIAL & AGE-CORRECTIVE BODY TREATMENT

Cleanse and correct from head to toe with hydrating oils and an anti-aging blend of Natural Retinol, Apple Stem Cells and an antioxidant booster.

50 MINUTES

### AFTER-SUN BODY RENEWAL

Cool and restore skin after environmental exposure. This body treatment harnesses the power of Stone Crop to reduce sun damage, leaving skin radiant and refreshed.

50 MINUTES

# Rituals

### KĀ`ANAPALI COUPLES RITUAL

This deeply relaxing and renewing experience connects the mind, body and spirit with Hawaiian-style massages using fluid movements and indigenous coconut oil. This unforgettable experience concludes with a calming bath for two.

80 MINUTES \$375 PER COUPLE (50-minute massage with bath)

110 MINUTES \$500 PER COUPLE (80-minute massage with bath)

### NANEA (BLISSFUL RELAXATION) RITUAL

Inspired by traditional healing methods, the ritual begins with an energetic cleansing of your treatment sanctuary using locally grown ti leaves. Next, you will receive a rhythmic Lomi-Lomi style massage with heated shells and a restorative oil blended exclusively for Spa Helani from flowers harvested on the slopes of Haleakalā and Mauna Loa.

80 MINUTES \$275

### HUALANI BODY POLISH

An efficient yet effective full-body exfoliation uses pineapple enzymes and moisturizing passion fruit from our locally made signature Hualani products.

25 MINUTES

### GENTLE MANGO BODY WRAP

Fresh tropical aromas of mango and pineapple fill the air during this gentle fruit-enzyme exfoliation. Help lighten pigmentation, balance skin and reduce signs of aging with collagen-boosting nutrients high in antioxidants, vitamin A and vitamin C.

50 MINUTES

### POLYNESIAN RITUAL

Inspired by ancient traditions, this ritual transports you to the sacred Polynesian islands. Your journey begins with a coconut shell, white sand and Tahitian vanilla scrub from Taha`a. Next, journey to Bora Bora for a slow and powerful massage using sand pouches. Your final stop is Ra`iātea, with a restorative application of golden monoi oil.

80 MINUTES \$275 or 110 MINUTES \$350

### MIND, BODY, BEACH EXPERIENCE

Invoking memories of warm, sandy beaches and the healing power of the sea, your deeply relaxing massage is delivered on a bed of gently heated pliable quartz.

50 MINUTES \$195 or 80 MINUTES \$275  
ADD HEATED LAVA SHELLS \$25

### SAND THERAPY

Melt your tensions away atop a special bed featuring gently heated rolling sand while receiving a relaxing massage of your neck, shoulders and scalp.

25 MINUTES \$110

# Waxing

LIP OR CHIN

\$25

HALF LEG

\$65

EYEBROW DESIGN

\$35

FULL LEG

from \$95

UNDERARM

\$45

BIKINI

from \$75

HALF ARM

\$50

CHEST

from \$75

FULL ARM

\$65

BACK

from \$75

# Nail Services

### MANGO NECTAR MANI-PEDI

Using a unique blend of mango, macadamia nut, raw island honey and beeswax, this ultra-hydrating manicure and pedicure will leave your skin feeling protected, radiant and silky smooth.

50 MINUTES \$85 HANDS  
60 MINUTES \$100 FEET  
110 MINUTES \$180 BOTH

### HUALANI MANI-PEDI

This transformative and hydrating service showcases our signature pineapple and passion fruit Hualani scrub and lotion. Includes nail shaping, cuticle treatment and lacquer application.

40 MINUTES \$65 HANDS  
50 MINUTES \$80 FEET  
90 MINUTES \$140 BOTH

### GEL COLOR MANI-PEDI

Cured by ultraviolet light, this long-lasting lacquer is gentle to the natural nail. Results vary, though gel polish can stay intact for up to two weeks without cracking, peeling or chipping depending on your daily activity. (Does not include gel color removal or soak-off.)

50 MINUTES \$75 HANDS  
55 MINUTES \$90 FEET  
105 MINUTES \$160 BOTH

### COUPLES PEDICURE

Indulge in side-by-side pedicures with a glass of champagne for each person.

50 MINUTES \$160 PER COUPLE

### MAKUA AND KEIKI MANI-PEDI

Enjoy a shorter version of our manicure and pedicure services with your child (ages 4–14).

55 MINUTES \$150 HANDS & FEET (PER DUO)

### KEIKI MANICURE OR PEDICURE

A customized service for Guests ages 4–14. Includes nail shaping, lotion application and lacquer.

25 MINUTES \$35 HAND  
25 MINUTES \$35 FEET

### NAIL ENHANCEMENTS

GEL SOAK-OFF \$25

PARAFFIN HANDS \$20

PARAFFIN FEET \$20

HEEL & CALLUS TREATMENT \$20

POLISH CHANGE (HANDS OR FEET) \$25

FRENCH POLISH CHANGE (HANDS OR FEET) \$30

NATURAL NAIL REPAIR (PER NAIL) \$5

NAIL ART (PER NAIL) \$5

Please contact the spa to schedule your appointments. We require 24-hour notice for changes or cancellations.